

4. Positioning patient in relation to the knee Time on video: 5 min. 40 sec.

4.1 Mounting the lever arm:

Dependent on which knee to be tested, the lever arm will have to be mounted on the left or the right side.

If the lever arm has to be moved to the other side; screw the wheel anti-clockwise, then dismantle the lever arm. When attaching the lever arm on the other side, make sure that the edge on the lever arm corresponds with the ridge of the EN-Knee.

4.2 Positioning the patient in the chair:

Instruct the patient to take place at the back and middle of the seat to ensure equal space on either side of the patient. Adjust the back support to ensure that the patient is sitting straight and upright in the chair, thus avoiding unnecessary load and strain of the lumbar spine.

4.3 Aligning the equipment axis:

It is important that the equipment axis is in alignment with the knee axis. Roughly, the knee axis runs through the middle of the femoral condyles. Palpate the knee in order to find the correct knee axis.

Adjust the back support to ensure that the knee axis and the axis of the lever arm are positioned on the same vertical axis. In the same way, the height of the seat must be adjusted to ensure that the knee axis and the axis of the lever arm are positioned on the same horizontal axis.

